

FACIAL REJUVENATION ACUPUNCTURE FAQ'S

HOLISTIC HEALING FROM THE INSIDE OUT

AN EFFECTIVE AND GENTLE METHOD FOR YOUR SKIN

WHAT IS FACIAL REJUVENATION OR COSMETIC ACUPUNCTURE?



Facial rejuvenation acupuncture can help to revitalize the skin on the face by reducing fine lines and wrinkles. It's a safe and effective systematic approach to stimulate the production of collagen and elastin by using acupuncture and dermal needles on the face. It's a complete system where we still look and treat the constitution of the patient for whole health balance in order to support the skin and the face with a healthy glow.

HOW DOES IT WORK AND WHAT CAN IT DO?



It can slow the aging process down by bringing greater health balance to the body through circulating blood flow and detoxification. Movement of energy and blood can move nutrients to cells which stimulate collagen and elastin production to reduce fine lines and wrinkles. Increasing circulation will also help to reduce inflammation in order to treat redness, rosacea and acne.

ARE THERE ANY REASONS WHY I COULDN'T HAVE THE TREATMENT?



Patients with the following conditions may not be candidates for facial rejuvenation acupuncture:

- Hypertension, chronic migraine headaches, diabetes, seizures or epilepsy, hepatitis, and coronary artery disease.
- If you've received Botox in the past month you must wait at least 1 month post treatment to receive the protocol.
- Must be fully healed from facial peels and injected fillers.
- Pregnancy.
- Must be 21 days post laser treatments.

WHAT CAN I EXPECT DURING THE TREATMENT AND AFTERWARD?



- During your first session we will consult to ensure you are a good candidate for facial rejuvenation acupuncture. Combined consultation and mini treatment will take 90 minutes.
- The protocol is a minimum of 1 treatment/week for 10 weeks. (It takes approximately 12 weeks to produce collagen.)
- Follow up treatments will include: consultation, facial rejuvenation acupuncture and facial cupping and gua sha. (1 hour)
- We highly recommend having a facial with a licensed esthetician at the beginning stages of the treatment, mid, and the end as it's important to establish appropriate skin-care hygiene.
- Post-protocol maintenance recommendation: 1-2 treatments/month depending on age.

WHAT IS THE FINANCIAL INVESTMENT & WILL MY INSURANCE COVER IT?



- First introductory treatment discount \$110 (90 min)
- Follow up treatment: \$125 (60 min)
- 10 Pack (10% discount): \$1125
- Facial/cosmetic acupuncture is *not* a reimbursable service by insurance.

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